

# MICHIGAN FETAL ALCOHOL SPECTRUM DISORDERS (FASD) TASK FORCE ACTION PLAN

2016-2018

## GOALS AND ACTION STEPS

### Goal #1

**Make MCFARES as the NOFAS affiliate the clearinghouse for FASD information in Michigan and accumulate information regarding services and resources available for parents and professionals.**

1. Enhance the MCFARES website by adding information so that it becomes the hub of information and resources related to FASD in the state and nationally.

#### 1.1.a

What: Populate website with categories of information and resources and continually monitor, making additions and deletions as needed to keep the website up to date.

Categories of information include:

- ✓ History of MCFARES (including mission, vision statements and goals)
- ✓ Resources: Library, yahoo group, Facebook page, twitter, diagnostic centers, support group list, NOFAS Calendar: Upcoming event
- ✓ Fundraising: Amazon (register with them), GoodSearch, Kroger, other stores (need to find them and register with them), link to direct-donat
- ✓ Information: Links to prevention; what is FASD, diagnostic information, interventions (schools, services, needs across lifespan), local and national groups: State Task Force, Michigan workgroup, NOFAS

Who's responsible: Charisse Cossu-Kowalski and other goal group members and others as needed and interested.

When: Initial upgrade to be done by April 2016

Ongoing: Keep updated throughout the plan's timeframe.

#### 1.1.b

What: Contact a local university to function as the lending library of print and other materials for MCFARES. The materials would be available to any person who is a library card holder in Michigan who belongs to a library with MEL transfer abilities.

Who's responsible: Charisse Cossu-Kowalski and other committee members

When: August 2016

1.2. Explore and plan for education and advocacy efforts to do with policies and programs that impact individuals with FASD and their families across the lifespan.

1.2a

What: Develop a way to respond to common issues that arise in the news to educate the public about the real costs of prenatal alcohol exposure and FASDs.

Who's responsible: Charisse and goal group #1 members with assistance from other Task Force members.

When: May 18, 2016- Outline for discussion at task force meeting

1.2b

What: Outline and put into place how-to procedures concerning contacting legislators on matters of concern

Who's responsible: Charisse and goal group #1 members with assistance from other Task Force members.

When: May 18, 2016-Outline for discussion at task force meeting

1.2c

What: Come up with talking points to present to legislators in Washington, DC as part of the NOFAS legislative advocacy and in local state meetings with legislators

When: Before June 20<sup>th</sup>, June 1<sup>st</sup> phone conference is planned

Ongoing: Individual Task Force members will contact their legislators using the talking points about FASD.

Resources: Talking Points, References, Resources developed by Goal Group #1.

Goal Group #1 Members:

<b>Charisse Cossu-Kowalski</b>	<a href="mailto:charisse@mcfares.org">charisse@mcfares.org</a>
Emily Rusnak	<a href="mailto:rusnakes@gmail.com">rusnakes@gmail.com</a>
Janice Hilleary	<a href="mailto:bjhilleary@comcast.net">bjhilleary@comcast.net</a>

## **Goal #2**

**Educate all who come into contact with individuals who have an FASD for the purpose of improving lifelong outcomes by increasing access to information, to resources, referrals, screening tools, and intervention strategies.**

2.1. Increase knowledge of FASD of personnel in these different priority areas to facilitate appropriate screening, accommodations, and partnerships with families and caregivers.

Priority areas include:

- Justice System Personnel
- Education Personnel including all involved with students in general and special education, media specialists, the students themselves
- Nurses and Physicians in OBGYN, Pediatrics, Family Practice

## 2.1

What: Develop web based materials that can be posted to DDI and MCFARES websites to refer individuals for general information and information specific to their area.

- ✓ Develop a general information packet about FASD
- ✓ Develop specific information packets for justice system personnel, education staff, and nurses and physicians
- ✓ Develop a letter to go out to advertise the above information

Who: Ann will develop a short letter to go out with the links to the websites and information.

Who: DDI, MCFARES and task force members will disseminate the letter and information to their contacts.

When: For review at next Task Force Meeting, August 17, 2016.

When: Letter and Information to be sent out week before and after September 9<sup>th</sup> which is the National FASD Awareness Day asking that personnel share the information via their newsletters and other ways.

## 2.2

What: Develop an information dissemination plan to target specific individuals and organizations who would benefit from and use the information.

Examples:

- Justice system—Michigan Judicial Institute, Juvenile Justice programs in MDHHS
- Education—ISDs, LESAs, Special Education Departments, Family Center, School nurse and social worker associations
- Nurses and Physicians—Patient Parent Advisory Committee (Kristi, Mary B.), individual physicians, local medical societies

Who: Group Goal #2 members will get sources to send the information to Ann.

When: By September 1, 2016 for the initial dissemination and ongoing for the other years of the plan.

## 2.3

What: Develop a more extensive speaker's bureau to add to DDI and MCFARES websites.

Who: Ann will ask all the task force members to do a quick Survey Monkey as to their specialty areas they can speak on and if they charge a fee.

When: Survey Monkey ready by August 17<sup>th</sup> meeting. Send members the link and ask for it to be completed within 2 weeks. Ann will compile the results and send out by September 15, 2016.

## 2.4

What: Hold at least one FASD related training event such as a half day workshop or conference.

When: By October 2018

Who: Ann will coordinate with assistance of task force members.

## 2.5

What: Secure screening for all children entering the child welfare services for FASD

When: October, 2019 (end of this strategic plan)

Who: June to coordinate action steps with assistance of task force members.

### Resources:

- CDC Competency-based Curriculum
- American Academy of Pediatrics' Fetal Alcohol Spectrum Disorders Program and Toolkit
- Friendly physicians and nurses we know
- National Arc's toolkit " found at <http://www.thearc.org/FASD-Prevention-Project/resources/toolkit>
- FASD Speaker's Bureau
- Human Services Collaborative Councils (Mary S.)
- MI LEND (Leadership Education in Neuro-developmental Disabilities), a program of DDI

### Members:

Kristy Medes	<a href="mailto:medesk@michigan.gov">medesk@michigan.gov</a>
Mary Browning	<a href="mailto:mcbrowning@umich.edu">mcbrowning@umich.edu</a>
Carolyn Morado	<a href="mailto:morado2712@att.net">morado2712@att.net</a>
Mary Schalk	<a href="mailto:mary@nemcpi.org">mary@nemcpi.org</a>
Jessie-Mae Secord	<a href="mailto:secord@strong-families.org">secord@strong-families.org</a>

## Goal #3

### **Empower adults with FASD through screening, diagnosis, treatment and interventions, and support.**

3 Identify screening and diagnostic resources around the state of Michigan.

#### 3.1

What: Determine what screening and diagnostic sites including clinics and medical personnel are able to screen and diagnose adults who may have been prenatally exposed to alcohol.

- ✓ Ann will send a letter or email asking the diagnostic clinics.
- ✓ Ann will ask Deb Kimball if she refer to anyone.

#### 3.2

What: Develop ways for adults who believe they may have an FASD to find out where they can for screening and diagnosis.

- ✓ Share information with parents, professionals, organizations, and self-advocates so adults who believe they have an FASD can find out where to go for screening and diagnosis.
- ✓ Disseminate the screening tool and list of diagnostic clinics on DDI and MCFARES websites.

When: November 2016

Who: Ann will find out who provides diagnoses for adults. Group Goal #3 and task force members will share the information.

### 3.3

What: Develop a survey process to find out from individuals with FASD, families, and criminal justice personnel what their experiences and needs are concerning individuals with FASD and their interactions with the criminal justice systems (resources, funds, personal experiences, parent experiences).

- ✓ Develop survey questions that asks individuals and family members about experiences and needs are concerning interactions with criminal justice systems.

Who: Roy will develop a survey for feedback from task force members. Ann will put the final survey on Survey Monkey and task force members will ask their contacts to complete the survey. Ann will compile the results.

When: February 2017

<b>Roy Yaple</b>	YapleR@michigan.gov
Ray Kezenius	Raymond.Kezenius@wmich.edu
Tony Kezenius	<u>sandnkez@hotmail.com</u>
Sandy Kezenius	<u>sandnkez@hotmail.com</u>
June Malachowski	june.malachowski@wayne.edu