

## Independent Facilitator Biography Form

1. Name: Jan Lampman
2. Phone Number(s)
  - a. Home: N/A
  - b. Work: 989-859-0173
  - c. Cell: 989-859-0173
3. Email Address: jan.lampman@yahoo.com



4. Organizational Membership or Affiliations, if any (i.e.: The Arc, People First, etc):  
Owner, Community Drive  
Member, The Arc of Midland, The Arc of Oakland County, The Arc Michigan, The Arc US  
Member, Self Advocates of Michigan Policy committee  
Member of the Michigan Statewide Independent Living Council  
Member of Midland Noon Rotary, Inbound Coordinator for Rotary Youth Exchange
5. Specific areas of expertise (i.e. self-determination, community living, person-centered or family-centered planning, etc.):  
**Person Centered Planning and Facilitation:** Helped to develop curriculum for training Independent Facilitators, Trained in Facilitation at the Institute for Community Inclusion in 1994  
Have been facilitating Person Centered Planning and Circles of Support since 1994  
Have worked on statewide workgroups on Independent Facilitation and Person Centered Planning  
Currently facilitating a team that is working on Person Centered Planning tools funded by the DD Council  
**Self Determination:** Served on Statewide leadership team when SD was introduced to Michigan by the Robert Wood Johnson project in 1990's. Have been actively promoting and helping individuals to organize their supports using principles of SD.  
Currently part of the Promoting Self Determination project funded by the Michigan DD Council  
**Wellbeing:** I have a certification in Applied Positive Psychology, which is a fancy way of saying that I have training in the science that backs up our desire as humans to be connected to others, to have meaningful things to do that help us feel achievement, to experience positive emotions and to be physically and emotionally healthy.

6. What unique attributes do you bring to your role as an independent facilitator? Include specific reasons a person or family should choose you as their facilitator.

I am passionate about Person Centered planning and Independent Facilitation as tools to help a person achieve their dreams, including living a full life in the community. I have years of experience and have been taught by the very best minds. I have been working in this field for 35+ years, so I have many experiences to draw on when supporting families and individuals. I have extensive knowledge of the Medicaid rules, which is helpful when trying to access systems supports. I am also very community focused and creative, so often can help circles to see ways to accomplish things using community resources or in creative ways.

7. Why do you want to serve as an Independent Facilitator?

I love facilitating any kind of group. It is fun to learn more about communities and to get to know people as they share their vision for a great future. I love being on the sidelines as people achieve! I also love helping with problem solving, teaching, learning and learning about how people are getting creative.

8. Accommodations

- a. Are you fluent in languages other than English?

☐ YES ☒ NO

If yes, please specify: Click or tap here to enter text.

- b. Please identify other available accommodations.

Click or tap here to enter text.

- c. Do you need any accommodations to facilitate your role as a Facilitator? ☐ YES ☒ NO

If yes, please specify: I am able to facilitate most any time and love to visit places in Michigan, and have facilitated in many communities in Michigan. As such, I am willing to facilitate anyplace in the lower peninsula.

9. Times of day and geographic locations for which you are available to facilitate:

10. Virtual Facilitation: Do you have a computer, tablet, or smartphone with internet access?

☒ YES ☐ NO

### **Independent Facilitator Level of Competency: III (Fully Certified)**

At this level of skill, the individual has completed the training offered by the Michigan Developmental Disabilities Institute at Wayne State University and has been observed and evaluated as an Independent Facilitator.