



# Health Promotion Project for People with Disabilities

## Would you like to feel more healthy than you do now?

Do you live in Wayne, Oakland, or Macomb county? If so, you may be eligible to participate in this project. The Michigan Developmental Disabilities Institute (MI-DDI) is interviewing 50 people with intellectual and developmental disabilities. The purpose is to improve their access to health promotion programs.

MI-DDI will connect participants to resources and health promotion activities that can improve their health.

**Those who participate for 3 hours over 90 days will receive \$150 for their time.**

Each participant will engage in two, 1-hour long health assessments and one follow-up meeting to provide resources and answer questions. Participants will receive one \$50 Visa gift card for completing each assessment and meeting (a total of 3).

**\*To receive full payment, you must complete the entire process.\***

**You can participate through zoom, by telephone, or in-person. All information is confidential.**



If you are interested, click [here](#) to complete the interest form.

Questions?

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