

## What is Family ECHO: Autism?

Family ECHO is a Zoom-based, virtual learning program for families raising children with autism. The sessions are designed to shift medical and behavioral information from the clinic into the home so that parents and caregivers can learn to better support and care for their autistic children.

As an “all teach, all learn” environment, Family ECHO connects families with an interdisciplinary panel of experts from Nationwide Children's Hospital, Massachusetts General Hospital Lurie Center, Children's Hospital of Philadelphia and the Autism Care Network.

The series is designed to educate families, build skills and facilitate discussion on a participant-driven curriculum of topics, including **understanding and managing challenging behaviors, building family supports, coping with anxiety, and the connection between ADHD and autism.**

**This November**, Family ECHO sessions will focus on understanding anxiety and ADHD in children with autism.

<b>November 10, 2021</b> <b>Wednesday</b> 4:00pm – 5:15pm EST	<b>ADHD:</b> When is it more than just selective hearing or “being a kid”?  <a href="#">REGISTER HERE</a>	Lisa Nowinski, PhD Massachusetts General Hospital Lurie Center Amanda Bennett, MD, MPH Children's Hospital of Philadelphia
<b>November 18, 2021</b> <b>Thursday</b> 4:00pm – 5:15pm EST	Is it <b>Anxiety</b> or is it Autism? Understanding and Managing Anxiety in ASD  <a href="#">REGISTER HERE</a>	Lisa Nowinski, PhD Massachusetts General Hospital Lurie Center Amanda Bennett, MD, MPH Children's Hospital of Philadelphia

### What can you expect?

Eligible participants will register to participate in a 75-minute Zoom session. Each session will include:

- A lecture from a subject matter expert about critical topics and best practices related to autism.
- An interactive discussion about a clinical case study.
- A Q&A with the presenter.
- An opportunity to provide feedback.

After each session, families are connected with relevant resources to continue their learning journey.

**Register for Family ECHO today and arm yourself with the knowledge you need to be your child's best advocate.**

[Click here](#) for more information

