

Future Planning for Aging Caregivers



Do you have a loved one with a disability? Do you feel like you are carrying the world on your shoulders? Future Planning for Aging Caregivers is here to help!

Project Description

The Michigan Developmental Disabilities Institute (MI-DDI) has partnered with the Dani Plan to bring you the *Future Planning for Aging Caregivers (FPAC)* project. This project will guide family caregivers to plan for their loved one's future. Project participants will work with a Family Support Navigator (FSN) to use the Dani Plan platform to create a care plan. FPAC aims to improve the health and well-being of aging family caregivers of adults with intellectual/developmental disabilities (I/DD). The project will use new technology that enables coordinated, cost-effective and sustainable care planning. The Michigan Health Endowment Fund (MHEF) is funding this project.

Participant Recruitment

MI-DDI is recruiting a limited number of families. Participants must be caregivers at least 50 years old and support an adult family member with intellectual/developmental disabilities (I/DD).

Participation in the project is completely **FREE**. Families who participate in the project will receive:

- Support from an FSN to guide the creation of a care plan for your loved one
- A Dani Plan for your loved one

Interest Form

If you are interested in participating in this project, please click <u>here</u> to fill out the interest form.



You can also express your interest by email or phone.



Contact Info

If you are interested in participating and/or have any questions, please contact:

Nia Anderson FPAC Project Coordinator

Email: cp8512@wayne.edu



Phone: (313) 577 – 2654

