



# Health Promotion Project for People with Disabilities

## Would you like to feel more healthy than you do now?

The Michigan Developmental Disabilities Institute (MI-DDI) is interviewing 50 people with intellectual and developmental disabilities. The purpose is to improve their access to health promotion programs.

MI-DDI will connect participants to resources and health promotion activities that can improve their health.

**Those who participate for 3 hours over 90 days will receive \$150 for their time.**

Each participant will engage in two, 1-hour long health assessments and one follow-up meeting to provide resources and answer questions. Participants will receive one \$50 Visa gift card for completing each assessment and meeting (a total of 3).

**\*To receive full payment, you must complete the entire process.\***

**You can participate through zoom, by telephone, or in-person.**

**All information is confidential.**



If you are interested, contact:

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Registration deadline:

December 31, 2022

