



Opportunity for Older Caregivers of Adult Family Members with I/DD

The [Michigan Developmental Disabilities Institute \(MI-DDI\)](#) at Wayne State University is proud to announce The **MIchigan Older Caregivers of Emerging Adults with Autism and other Neurodevelopmental Disabilities (MI-OCEAN)** Family Support Project. **MI-OCEAN** is a statewide project funded by [The Michigan Health Endowment Fund](#).

The primary aim of MI-OCEAN is to address the needs and health concerns of aging caregivers (age 60+) of adults with neurodevelopmental disabilities. The project uses a family support model to identify and address various issues that may negatively impact the health and well-being of aging caregivers and those that depend on them.



MI-OCEAN is seeking parents, grandparents and caregivers, age 60 or older, who care for family members with intellectual/developmental disabilities. There is no cost to participate in the project. Caregivers and family members will:

- Work with a Family Support Navigator (FSN) to navigate complex service systems
- Develop an Individualized Action Plan with goals identified by families themselves
- Be connected with the resources needed to achieve their goals
- Work with an FSN to improve the health and quality of life for caregivers and the family members they support

For more information about participating in this important project, please contact MI-OCEAN Project Manager, **Elizabeth Janks**:

Email: e.janks@wayne.edu

Phone: (313) 577-6368

