

Free Training Opportunity

Empowerment Education Training Initiative

The Michigan Empowerment Education Training Initiative is a curriculum that was developed by the Michigan Developmental Disabilities Institute (MI-DDI) to address the training needs of Direct Support Professionals (DSPs), service providers, and people with disabilities. For more information about the Empowerment Education Project, please visit: https://ddi.wayne.edu/eetraining.

Webinar Training Topic

Conflict Resolution

9:00 a.m. - 10:30 a.m.

Presented by Elizabeth Janks, LMSW & Nia Anderson, LLMSW This training is designed to help you understand what causes conflict and learn ways you can respond to conflict in a constructive manner. Individuals attending this training will have the opportunity to:

- Learn about attitude and self-image
- Learn how to achieve control through self-talk
- Understand conflict and criticism
- Learn how to control emotions
- Learn how to resolve conflict

Ten Successful & Assertive Steps for Working with Professionals

10:30 a.m. – 12:00 p.m.

Presented by Kristen Columbus, LLMSW

This training is designed to give you practical ideas on how to increase your own level of assertiveness when working with professionals in service to people with disabilities. Individuals attending this training will have the opportunity to:

- Assess our current level of assertiveness
- Identify characteristics of aggressive, passive and assertive behavior
- Understand the concept of personal assertive rights
- Identify the 5 Ps of successful change
- Practice to construct and use person anchors
- Assess our problem areas of assertiveness and develop an action plan



Wednesday October 27th, 2021 9:00 a.m. – 12:00 p.m.

Target Audience

Direct Support Professionals, Professionals working with Individuals with I/DD, Peer Mentors, Individuals receiving services, and Advocates.

Requirements

This training webinar is **FREE**, however, to participate you must **REGISTER**.

Questions?

If you have any questions, please contact:

Elizabeth Janks, LMSW

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Nia Anderson, LLMSW

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Each training module carries 2 Hours of Social Work CEUs and 2 Hours of QIDP.

Registration Information

To attend this webinar all participants must register. The deadline to register is Monday, October 25, 2021.

To register please visit:

https://us02web.zoom.us/meeting/register/tZUudO2srjMqHtdR8P3mD3wTZMmi8463u1o4