



Michigan Developmental Disabilities Institute

# Free Training Opportunity for Direct Support Professionals

## Empowerment Education Training Initiative

The Michigan Empowerment Education Project at the Michigan Developmental Disabilities Institute (MI-DDI) addresses the training needs of Direct Support Professionals (DSPs), service providers, and people with disabilities. For more information about the **Empowerment Education Project**, please visit:

<https://ddi.wayne.edu/eetraining>.

## Webinar Training Topic

### Ten Successful & Assertive Steps for Working with Professionals

10:00 a.m. – 12:00 p.m.

Presented by Elizabeth Janks, LMSW & Nia Anderson, LLMSW

This training is designed to give you practical ideas on how to increase your own level of assertiveness when working with professionals in service to people with disabilities. Individuals attending this training will have the opportunity to:

- Assess our current level of assertiveness
- Identify characteristics of aggressive, passive and assertive behavior
- Understand the concept of personal assertive rights
- Identify the 5 P's of successful change
- Practice to construct and use person anchors
- Assess our problem areas of assertiveness and develop an action plan

**\*Wayne State University School of Social Work students are able to use this training towards 2 hours of field placement with preapproval from Field Instructor\***

**This training module carries two hours of Social Work CEUs and 2 hours of QIDP.**



Thursday

April 22, 2021

10:00 a.m. – 12:00 p.m.

## Target Audience

Direct Support Professionals, Home Help Aides, Certified Nursing Assistants (CNAs), Paraprofessionals, Social Work Students, People with Disabilities and Family Members.

## Requirements

This webinar is **FREE**, however, **PRE-REGISTRATION** is required.

## Questions?

If you have any questions, please contact:

**Elizabeth Janks, LMSW**

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**Nia Anderson, LLMSW**

Email: [cp8512@wayne.edu](mailto:cp8512@wayne.edu)

## Registration Information

To attend this webinar all participants must register online. The deadline to register is Monday, **April 19<sup>th</sup>, 2021.**

**To register please visit:**

[https://waynestate.az1.qualtrics.com/jfe/form/SV\\_0ihcX2xWWgm4258](https://waynestate.az1.qualtrics.com/jfe/form/SV_0ihcX2xWWgm4258)