

FUTURE PLANNING FOR AGING CAREGIVERS (FPAC) PROJECT



Project Description

The Michigan Developmental Disabilities Institute (MI-DDI) has partnered with the Dani Plan to bring you the *Future Planning for Aging Caregivers (FPAC)* project. This project will guide family caregivers to plan for their loved one's future. Project participants will work with a Family Support Navigator (FSN) to use the Dani Plan platform to create a care plan. FPAC aims to improve the health and well-being of aging family caregivers of adults with intellectual/developmental disabilities (I/DD). The project will use new technology that enables coordinated, cost-effective and sustainable care planning. The Michigan Health Endowment Fund (MHEF) is funding this project.

Participants must be:

- 50 years old or older
- A caregiver to an adult family member (18+) with an intellectual/developmental disability

Participation in the project is completely FREE. Participants will receive support from an FSN to guide the creation of their care plan for their loved one.

Participant Criteria



The goals of the Future Planning for Aging Caregivers project are:

- Pilot scalable technology (the Dani Plan) with 60 aging caregivers across the state of Michigan.
- Support critical planning and care coordination.
- Develop a sustainability plan to maintain and expand use of the Dani Plan.

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