

**Michigan Habilitation Supports Waiver – Compliance with CMS  
Home and Community Based Services (HCBS) Rule: Year One  
Pilot Study**

**Executive Summary**

**Barbara LeRoy, Ph.D., Principal Investigator  
Angela Martin, LMSW, Project Director**



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# Definitions:



**Beneficiaries:** A person on the HSW who receives services and supports.



**Providers:** Agencies who provide services and supports that help you live in your home, at work and live in your community.



**Decision-Making:** You decide the way you want to live and the services and supports you receive.



**Control:** You have power to direct your life.



**Community Integration:** Full participation of all people in community life.



**Survey:** A tool used to ask people their thoughts and opinions.



**Work:** A job or activity you get paid to do.



**Volunteer:** To offer to help an individual or organization without being paid.

# Background:

The State of Michigan runs the Habilitation Supports Waiver (HSW) for people with developmental disabilities. This waiver gives home and community based supports to people who receive Medicaid and need these supports to live in their communities.



On January 16, 2014, The Federal Centers for Medicare and Medicaid Services (CMS) published the Home and Community Based Services (HCBS) ruling. As a result, Michigan's HSW must be compliant with the rule changes on or before March 17, 2019.

In order to assess compliance with the HCBS ruling, the Behavioral Health and Developmental Disabilities Administration (BHDDA) within the Michigan Department of Health and Human Services (MDHHS) asked the Developmental Disabilities Institute (DDI) at Wayne State University to design and pilot three survey instruments among a group of HSW recipients and their service providers.

# Goals

The goals of this study were:

1. To find out what beneficiaries  think about their service providers'  compliance with the HCBS Ruling.
2. To find out what service providers  think about their compliance to the HCBS Ruling.
3. To find out what the Pre-Paid Inpatient Health Plans (PIHPs) think of their organizations' compliance with the HCBS ruling.
4. To compare responses of individuals who receive services (beneficiaries)  to provider  responses.

# Who Completed the Survey?



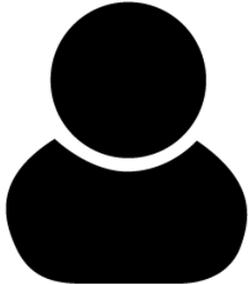
- 727 HSW beneficiaries  and their service providers  completed the survey.
- Almost all of the beneficiaries  (94%) said that they had help to complete the survey.
- Most often individuals had help from their supports coordinator or case manager to complete the survey.

# General Findings

Beneficiaries  were asked questions about their perception of the home and community based services they received. Providers  were asked the same questions, about the services they provided to beneficiaries .

Researchers compared the answers of both providers  and beneficiaries . They found that providers  and beneficiaries  replied differently to questions that asked about:

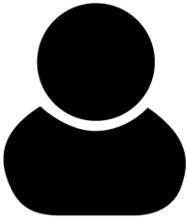
- Decision-Making 
- Control 
- Community Integration 

Respondent	Answers
	<ul style="list-style-type: none"> <li>• <u>Beneficiaries</u> thought that there were opportunities for improvements in both more integration in the work settings and involvement in their community.</li> <li>• Beneficiaries reported they have less choice and control.</li> </ul>
	<ul style="list-style-type: none"> <li>• <u>Providers</u> reported that the people they serve are more integrated in their work settings and more involved in their communities.</li> <li>• Providers reported that beneficiaries have more choice and control.</li> </ul>

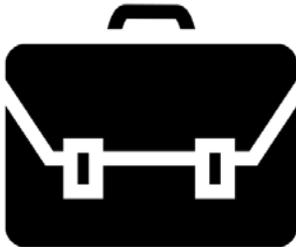
# Residential Provider Survey Questions



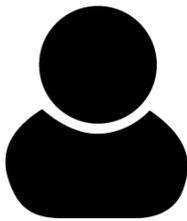
Residential Services are services or supports that help you live in your home.

Respondents	Questions			
	Who lives with the individual?	Where is the home physically located?	What types of services are offered in the setting?	Is this home only for persons with disabilities?
Beneficiaries 	The beneficiaries and providers gave similar answers to questions that asked about with whom the individual lives.	The beneficiaries and providers gave similar answers to questions that asked about where the home is physically located.	The beneficiaries and providers gave similar answers to questions that asked about what types of services were provided.	76% of beneficiaries believed the home was only for persons with disabilities
Service Providers 				34% of providers thought the home was only for persons with disabilities

# Non-Residential Provider Survey Questions



Non-Residential Providers offer services or supports that help you work, volunteer and be a member of your community.

Respondents	Questions	
	Who works in supported employment?	All other questions
Beneficiaries 	The beneficiaries and providers gave similar answers to questions that asked about the type of work beneficiaries do.	Beneficiaries and non-residential providers did not agree on any other question.
Service Providers 		

Note: It is important to note that the non-residential survey questions did not collect data if a selection other than work and volunteer were chosen.