

Person Centered Planning and The Home and Community Based Services (HCBS) Rule Fact Sheet for Individuals and Family Members

What is Person Centered Planning (PCP)

- A way to help a person plan their services and supports to live their life as they choose.
- Person identifies the supports (paid and unpaid) they believe will help them to live the life they choose.
- A process directed by the person, supported by others chosen by the person.
- It focuses on the desires, dreams, and meaningful experiences identified by the individual.
- The individual decides when, how, and by whom direct support service is provided.



Person Centered Planning has been required by the Michigan Mental Health Code since 1996 to make sure individuals direct the process of planning for their services and supports.

HCBS and PCP

- Home and Community Based Services (HCBS) are Medicaid services for people with disabilities to support their desire to live, work, have fun and participate in their community.
- The HCBS Rule requires that Medicaid HCBS Programs provide services and supports to individuals in their communities as the individual chooses and offer the same opportunities as individuals who do not have disabilities.
- Meet with a supports coordinator or case manager to talk about providers who meet the HCBS Rule and can provide services and supports.
- Individuals can use Person Centered Planning (PCP) to choose services and supports that are provided in settings that meet the HCBS Rule.

FOR MORE INFORMATION

Michigan Department of Health and Human Services, Home and Community Based Services Transition Team email: www.michigan.gov/mdhhs/0,5885,7-339-71547_2943-334724--00.html

or call Customer Service at 844-275-6324

Michigan Developmental Disabilities Institute, Wayne State University – Michigan Home and Community Based Services Transition Project: ddi.wayne.edu/hcbs