

Independent Facilitator Biography

Contact Information

Name: Trisha Fenby

Phone numbers

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About the Facilitator

What qualities do you bring to your role as an Independent Facilitator?

I have empathy and passion. My greatest strength is appreciation for beauty and excellence, which allows me to see the best in others. As a parent of a young woman with autism, I have first-hand experience in the day-to-day challenges and rewards of caring for an individual with a disability.

Why do you want to serve as an Independent Facilitator?

Everyone deserves a chance to have their dreams expressed and I hope to help individuals achieve those dreams by being an ally, an advocate, and accompanying them along their journey.

What are some skills or expertise that you have as an Independent Facilitator?

Advocacy – as a parent of an adult with autism, I have over 20 years of advocacy experience. Navigating doctors' appointments, educational IEP meetings, Individual Plans of Service, and life in general.

Person Centered Planning – I was trained on MAPS and PATHS in 2021. I am currently studying and applying the methodology for Charting the LifeCourse. Each methodology offers unique tools and structure for person centered planning.

Self Determination – Humans have innate needs and desires. When given autonomy over our choices, we gain greater control and independence. I believe that every human should be allowed to tap into their own self-determination. Allowing self-determination to guide the facilitation will provide more successful outcomes for the person I am representing and supporting.

Wellbeing – I am certified in Applied Positive Psychology. Applied Positive Psychology focuses on human’s strengths and how improve positive emotions, relationships, meaning, accomplishment, and overall health leads to achievement in our goals and desires.

ACRE Certification in Customized Employment – ACRE is a credentialed training, offering an in depth look at the skills and strengths of individuals when considering employment.

Sibshops[®] Facilitator – understanding that there are others impacted by the lives of the people we serve and support, recognizing these siblings as strong supporters and champions.

Are you a member of any professional organizations or groups?

Owner, Launch Facilitation and Consultation

Chairperson, Midland Neighboring

Co-Chair, Disability Coalition of Midland Michigan

Scheduling Details

Do you need any accommodations in your role as a facilitator?

No

Times of day you are available to facilitate: Late afternoons work best; I can accommodate other times with advance notice.

Days of the week you are available to facilitate: My days are flexible. I can accommodate most days with advance notice depending on my work schedule.

Geographic locations you are available to facilitate: Great Lakes Bay Region, but with advance notice I would be able to travel throughout the state.

Do you have a computer, tablet, or smartphone with internet access for virtual facilitations?

Yes

Independent Facilitator Level of Competency

Level 3: Independent Facilitator is fully certified to operate as an Independent Facilitator. At this level of skill, the individual has completed the training offered by The Arc of Midland and been observed and evaluated as an Independent Facilitator.