Independent Facilitator Biography

Contact Information

Name: Alexandra Latz

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About the Facilitator

What qualities do you bring to your role as an Independent Facilitator?

I excel at understanding the perspectives and feelings of others which allows me to connect with individuals and build trust. Facilitation often involves managing diverse personalities, changing group dynamics and unexpected challenges. My ability to be flexible and



adaptable ensures that I can smoothly navigate shifts in conversations or plans, adjusting my approach based on the needs of the group. Lastly, I have a high degree of emotional intelligence, which allows me to navigate the complexities of group dynamics. I am able to recognize emotions in others, manage my own emotional responses and foster a positive supportive atmosphere.

Why do you want to serve as an Independent Facilitator?

I am currently an advocate for individuals with disabilities and this opportunity supports my mission to create inclusive environments where all voices are valued, needs are met, and individuals have the opportunity to thrive. I want to foster an environment where consumers needs are being met in the best way possible, ensuring that their voices are heard, their preferences respected, and their individual goals are fully supported.

Are you a member of any professional organizations or groups?

I am a member of a Diversity, Equity, and Inclusion group which focuses on empowering individuals with disabilities. We meet once a month and we are working on a project surrounding the movie crip camp.

Scheduling Details

Updated: AL, 2/14/2025

Do you need any accommodations in your role as a facilitator? Not applicable

Times of day you are available to facilitate: 8 am to 4 pm

Days of the week you are available to facilitate: Monday-Friday

Geographic locations you are available to facilitate: Muskegon and Ottawa Counties

Michigan Developmental Disabilities Institute (MI-DDI), March 2021

Do you have a computer, tablet, or smartphone with internet access for virtual facilitations?Yes

Independent Facilitator Level of Competency

Level of Competency: I (Trained)

Updated: AL, 2/14/2025

Level 1: Independent Facilitator has completed the Independent Facilitator training provided by the Michigan Developmental Disabilities Institute at Wayne State University.