

Independent Facilitator Biography

Contact Information

Name: Meresa Salisbury

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About the Facilitator

What qualities do you bring to your role as an Independent Facilitator?

I am a great listener, and I am creative. Working for nonprofits has enabled me to find “unique” ways to accomplish complicated goals that meant looking beyond financial restraints. I enjoy being around people, able to work collaboratively and solo. When assisting with creating goals, I am focused/concise, and I am helpful when evaluating/examining potential strengths and challenges.



Why do you want to serve as an Independent Facilitator?

I believe there is sometimes a gap between mental health services and needs and I want to help reduce this gap. My background has included assisting community members with finding partners and service providers within their communities. I believe in people using their voice and in helping others develop confidence in their choices in creating their own future. I believe in the goal of Independent Facilitators to assist individuals in person centered planning and want to help people live as independently as they prefer.

What are some skills or expertise that you have as an Independent Facilitator?

I am fluent in English only. I have used TTY and various types of interpreter services. I am a quick learner in using technology. I am comfortable with having to quickly learn and navigate new tools.

Are you a member of any professional organizations or groups?

I currently work with a Center for Independent Living (CIL).

Scheduling Details

Do you need any accommodations in your role as a facilitator? I do not require accommodations.

Times of day you are available to facilitate: For the most part I can be flexible. Request, if

possible, at 72-hour notice if meeting in person (versus virtual).

Days of the week you are available to facilitate: The only day I am not available is the first Tuesday of the month (monthly staff meeting).

Geographic locations you are available to facilitate: Lake County

Do you have a computer, tablet, or smartphone with internet access for virtual facilitations?

Yes, I have a computer, table, and smartphone. Any of those devices can connect to wi-fi or a cellphone internet provider.

Independent Facilitator Level of Competency

Level of Competency: I (Trained)

Level 1: Independent Facilitator has completed the Independent Facilitator training provided by the Michigan Developmental Disabilities Institute at Wayne State University.