



**WITH LIBERTY AND ACCESS FOR ALL**



**We provide trainings on Disability History, Culture, and Pride**

***Who:* People, groups, organizations, commissions, and councils who want to learn more about Disability History, Culture, and Pride.**

***What:* An MDRC staff and a Leadership Development Opportunities Fellow co-lead and provide a 1-2-hour interactive training via Zoom.**

***When:* Set a date with us today!**

**This program is:  
Accessible to learners with and without disabilities**

**Includes activities, discussion, and lecture**

**Past participants have called in “life changing” and said it “provided a new way to know and love myself.”**

**Schedule your presentation today!**

**Contact:**

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**Topics covered:**

**Terminology and language**

**Disability identity**

**Disability history**

**Building blocks and cycle of pride**

**Ableism and internalized Ableism**

**Ally work**

**Inclusion**