



If you need to talk, we're here to listen.

Certified Peer Support Specialist Warmline

For persons with mental health conditions in Michigan.

The Certified Peer Support Specialist Warmline is a peer run phone service providing peer support, resource referral and shared experience of recovery and hope.

- When you need someone to talk to
- When you want to share your triumphs or challenges
- When you feel alone
- When you feel like others just don't understand

**Call 888-PEER-753 (888-733-7753)
10 a.m. - 2 a.m., 7 days a week**

**If you are a Deaf, DeafBlind or Hard of Hearing person
in need of help, please use VRS to reach this hotline.**

