

Person-Centered Planning & Charting the LifeCourse

Tools for Planning During COVID-19



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Person-Centered Planning in Michigan

Michigan Mental Health Code

Act No. 290 Public Acts of 1995

Person centered planning is a process for planning and supporting the individual receiving services that builds upon the individual's capacity to engage in activities that promote community life and that honors the individual's preferences, choices and abilities. The person centered planning process involves families, friends and professionals as the individual desires or requires.



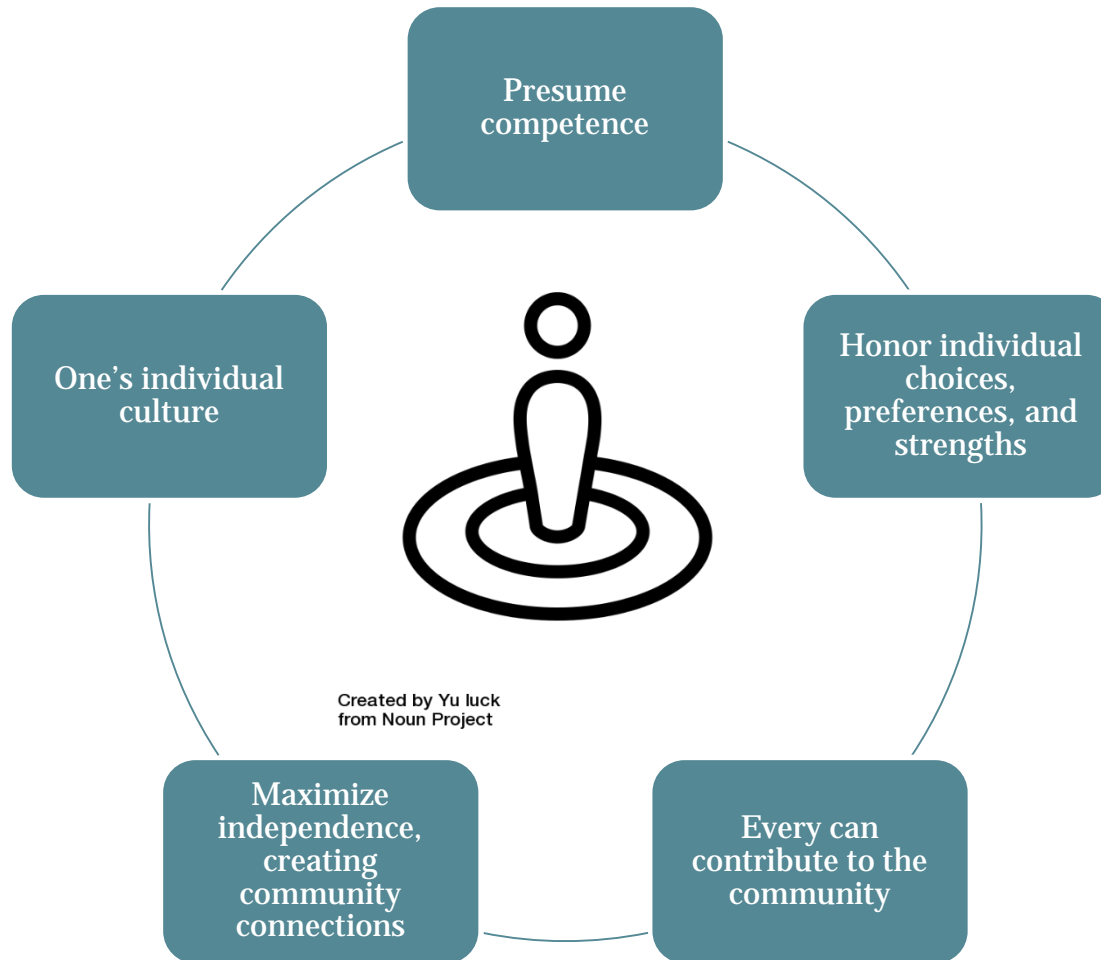
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Values of Person Centered Planning



What is the focus of the planning process?

The individual sets the agenda which could include topics such as:

- Personal relationships
- Home life
- Finances
- Employment
- Volunteering
- Academic & community education
- Legal issues
- Personal health & safety
- Having fun

HAVING A MEANINGFUL LIFE!

Person-Centered Planning Process

Pre-Planning

- Agenda for meeting
- Who will be invited
- When and where it will be convened
- What will be discussed and not discussed
- Accommodations
- Who will facilitate

Planning Process

- Goals identified
- Plan to achieve goals
- Specific services and necessary supports to achieve goals
- Roles and responsibilities

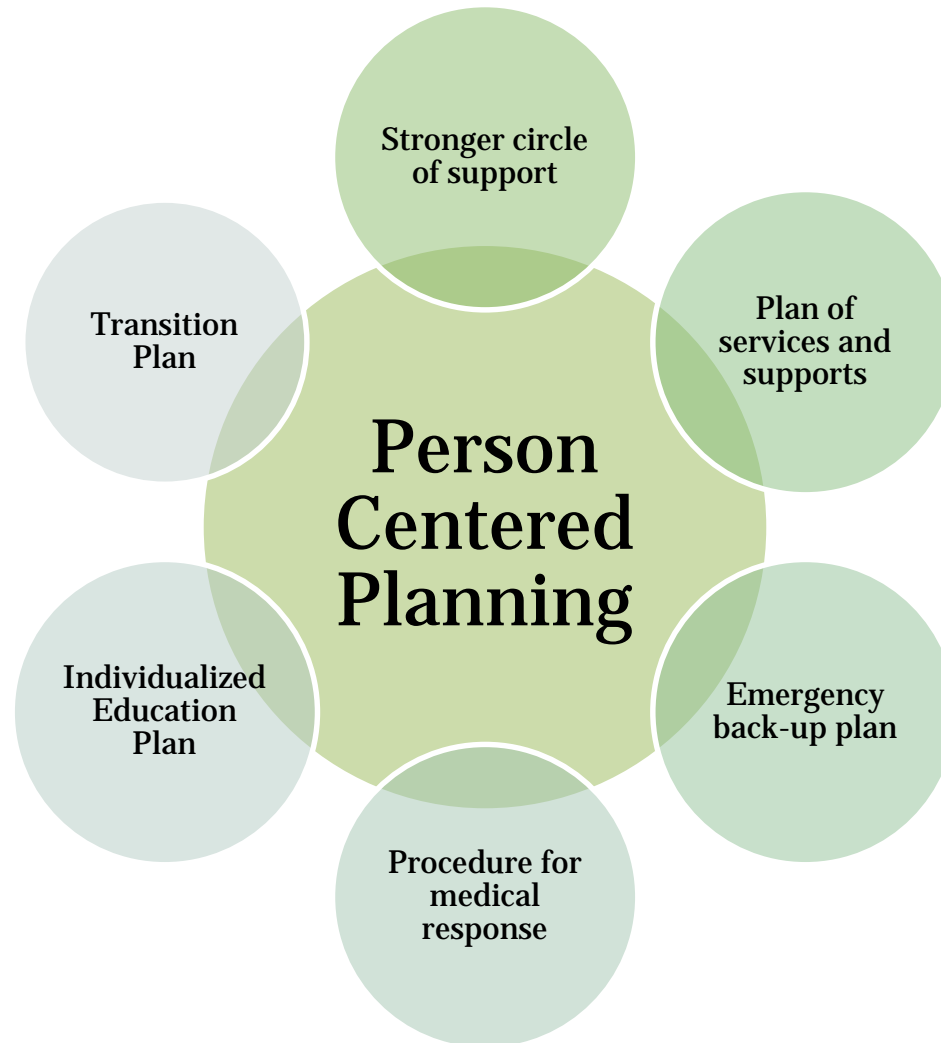
Plan of Services and Supports



Content of the Planning Process



The information gathered assists to develop...



Person Centered Planning During COVID-19



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Person Centered Planning During COVID-19

Do you have right **now** needs?

- Modify you current services and supports
- Select a provider who can meets these needs

Questions:

- Should I change my plan of service?
- Should I reconvene my planning process?



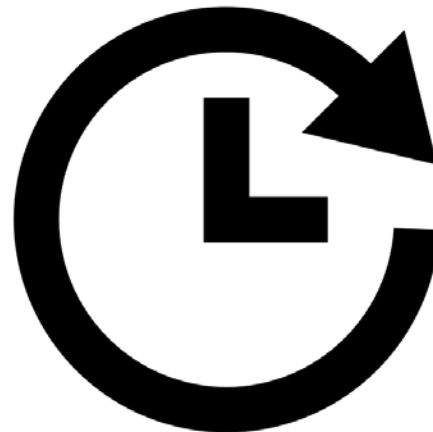
Image: <https://icon-library.net/icon/urgent-icon-13.html>

Person Centered Planning During COVID-19

Do you have **future** needs?

- Modify you current services and supports
- Select a provider who can meets these needs
- Plan for my future

Question: Should I reconvene my planning process?



Created by Adrien Coquet
from Noun Project

What is Independent Facilitation?

- Independent Facilitation is part of the Person-Centered Planning (PCP) process. People who receive services through the community mental health (CMH) system have a right to choose an independent facilitator.
- An Independent Facilitator is independent of the CMH system.
- The Independent Facilitator “facilitates the person-centered planning process in collaboration with the person” (p.6).
- The Independent Facilitator is chosen by the person receiving services.

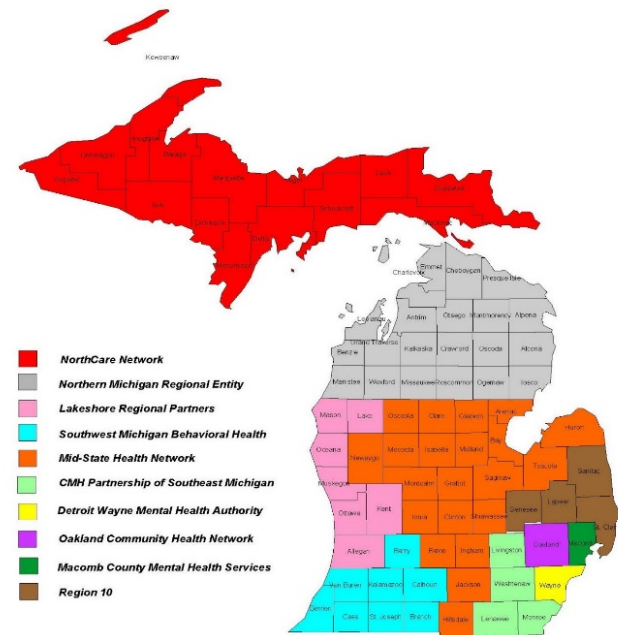
Source: Michigan Department of Health and Human Services, Behavioral Health and Developmental Disabilities Administration. (2017). *Person-centered planning policy*.

Finding an Independent Facilitator

“The PIHP/CMHSP must contract with a sufficient number of independent facilitators to ensure availability and choice of independent facilitators to meet their needs” (MDHHS, 2017, p. 7).

- Ask local CMH (Supports Coordinator or Customer Service) for a list
- If needed, check with Pre-Paid Inpatient Health Plan (PIHP)
- Check with a local advocacy
- MI-DDI Independent Facilitator directory: <https://ddi.wayne.edu/ifmap>

Michigan PIHP Map



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